



UASC TRIPLE CROWN INVITATIONAL

Held Under the Sanction of USA Swimming, Inc., Sanction #OH

DATES

Saturday, January 9, and Sunday, January 10, 2010

LOCATION

Upper Arlington High School Natatorium
1650 Ridgeview Road, Upper Arlington, Ohio 43221

MEET FORMAT

Timed finals for 8 and under, 9-10, 11-12, and 13-14 age groups. No time standards.

INVITED CLUBS

Bobcat Swim Club
Buckeye Swim Club/Hilliker YMCA
Canton City Schools Swim Team
Dynamo Swim Team
Dublin Community Swim Team

Greater Columbus Swim Team
New Albany Aquatics Club
United Swim Association
Westerville Aquatic Club
Worthington Swim Club

Other clubs and unattached swimmers who are not members of invited clubs are welcome to submit entries, but will be admitted on a per session basis provided that the session's projected duration does not exceed four hours. Clubs that are not admitted to the meet in full will be entitled to withdraw from the meet and receive a full refund.

ENTRY LIMITATIONS

Contestants must be currently registered athlete members of USA Swimming. Each contestant may enter no more than three (3) individual events per day. Swimmer's age on Saturday, January 9, 2010 will determine eligibility for age division.

This meet will be limited to the first 3,000 entries. The Meet Director reserves the right to exclude or otherwise limit entries in order to reasonably manage the meet. Although UASC has made changes in the structure of the meet in order to ensure a quality meet for all contestants, if the number of entries received exceeds a manageable number in any session, additional adjustments, such as limits on the number of heats in any event, may become necessary. If this is the case, all invited clubs will be notified of changes and entry fees will be refunded. **UASC reserves the right to seed all of its swimmers in any events for which entry limits have been imposed.**

ENTRY PROCEDURES

Entries will not be accepted until 8:00 PM on Monday December 7, 2009. Entries must be received by the Entry Chair by 10:00 PM, Wednesday, December 30, 2009. Please submit best short-course yard times for seeding. Entries produced using Hy-Tek Team Manager software and submitted by electronic mail are preferred. Fax or telephone entries will not be accepted.

Entries must be accompanied by 1) a check covering all entry fees and surcharges, 2) a printed listing of individual and relay entries for verification, 3) a completed Entry Summary Sheet (attached), 4) a completed and signed USA Swimming Membership Verification Form (attached), and 5) a diskette containing a Hy-Tek entry file or official hardcopy entry form (attached), unless entry file is submitted by electronic mail and receipt is acknowledged by the Entry Chair by electronic mail.

If entries are submitted in Hy-Tek format by electronic mail, checks and supporting hardcopy documentation may be mailed separately, but must be postmarked no later than Saturday, January 2, 2010. Please submit entries, checks, and supporting documentation to:

Erin Reetz
UASC Entry Chair
917 Windbourne St
Gahanna, OH 43230
614-832-1976
ereetz@columbus.rr.com

Relay participants may be declared at the meet, but must be limited to swimmers entered in the meet or listed on the entry form as "Relays Only".

ENTRY FEES

Individual Events:	\$4.00 per individual event
Relay Events:	\$7.00 per relay event
Ohio LSC Travel Fund Surcharge:	\$1.00 per swimmer
Ohio LSC Championship Facility Surcharge:	\$1.00 per swimmer

DECK ENTRIES

Deck entries will be permitted at the discretion of the Meet Director, if time permits, on a first come, first served basis. Check-in for deck entries will close 30 minutes prior to the start of competition in the session in which the event will be swum. **There will be no deck entries allowed for the 200 yard individual events.** The deck entry fee will be \$5.00 per individual event and \$7.00 per relay event and must be paid in cash before the swimmer will be permitted to swim --- no checks please. Swimmers must present proof of USA Swimming membership to deck-enter an event, unless already entered in the meet.

POSITIVE CHECK-IN EVENTS

All 200 yard freestyle (9-10, 11-12, and 13-14) and 200 yard IM (11-12 and 13-14) events will require positive check-in.

DECK-SEEDED EVENTS

All positive check-in events (see above) will be deck-seeded.

MEET DIRECTOR

Sean Lammers
3342 Sciotangy Drive
Columbus, OH 43221
(614) 459-2886
Lammersc@earthlink.edu

WEBSITE

All meet information, including notices of program changes, warm-up times and lane assignments, host club contacts, and complete meet results and meet backups will be posted on the UASC website, www.uasc.org. Coaches and club entry chairs are responsible for checking the UASC website for changes in meet format and final warm-up times, all of which will be published on the website by 10 am on Wednesday, January 6, 2010.

TIMES

Saturday and Sunday Morning Sessions (9-10 and 13-14)

Warm-ups (UA and Worthington)	8:00-8:30 AM
Warm-ups (six other clubs)	8:30-9:00 AM
Meet Start	9:10 AM

Saturday and Sunday Afternoon Sessions (8 & Under and 11-12)

Warm-ups (UA)	1:00-1:30 PM
Warm-ups (Worthington)	1:30-2:00 PM
Warm-ups (six other clubs)	2:00-2:30 PM
Meet Start	2:40 PM

Warm-up and start times are tentative and may be changed by the Meet Director depending on the number of swimmers entered in meet.

MEET RULES

USA Swimming and Ohio Swimming rules and regulations will govern the meet.

BULLPEN

Swimmers competing in 10 and under individual events must report promptly to the bullpen when called over the public announcement system prior to their events. No bullpen will operate for 10 and under relays or for swimmers ages 11 and over.

WARM-UP PROCEDURES

Teams will be assigned lanes for warm-up and the supervising coaches in each lane will run their warm-up as they see fit. Boys and girls may warm-up together. The Meet Director reserves the right to revise warm-up procedures to ensure the safety of the swimmers.

Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect at this meet. Swimmers must enter the water feet-first in a cautious manner with one hand in contact with the pool edge except in lanes that have been cleared and specifically declared one-way sprint lanes by unanimous agreement of the supervising coaches

COACH REGISTRATION

All coaches must be registered members of USA Swimming. Prior to each session, coaches are required to sign-in and present a valid USA Swimming Coaching Membership Card to the Meet Coordinator at the table in the front lobby. Coaches will be required to display their USA Swimming card on their person in order to be on deck.

AWARDS

In each individual event, swimmers will be divided into three divisions based on seed time: Kentucky Derby division, Preakness division, and Belmont division. The top three finishers in each division will receive medals; the fourth through sixth finishers in each division will receive ribbons. Relays will receive medals for first place and ribbons for second through sixth place. Heat winner ribbons for 10 and unders and Ohio championship meet qualifier ribbons for all age groups will also be awarded. The top six relays and top six individual swimmers in each division score.

All awards will be distributed to one designated club representative at the conclusion of each day's evening session. Awards remaining at the end of the meet will not be forwarded by mail.

FINAL RESULTS

Complete meet results and Hy-Tek back-up files will be posted on the Upper Arlington Swim Club website, www.uasc.org, within 4 hours after the conclusion of the meet and will be eMailed to any club providing an eMail address in writing.

FACILITIES

The venue has a 6-lane, 25-yard pool with a fully automated Colorado touch pad timing system, integrated horn starting system, and running time display. A concession stand serving hot food and drinks will be open throughout the meet.

VENUE RULES

No parent or spectator will be allowed on deck except to perform a service or function at the request of meet officials. Equipment bags, wet towels, and wet swimmers are not permitted on the bleachers. Please keep all thoroughfares in the building, especially hallways and door areas, open and free of equipment and chairs. No alcohol or tobacco shall be consumed in the venue. Please park only in designated spaces and help keep traffic lanes near the pool open at all times.

ORDER OF EVENTS

SATURDAY AM

Girls	Age			Event	Boys
1	9-10	200	Yd.	Medley Relay	2
3	13-14	200	Yd.	Medley Relay	4
5	9-10	50	Yd.	Freestyle	6
7	13-14	50	Yd.	Freestyle	8
9	9-10	50	Yd.	Butterfly	10
11	13-14	100	Yd.	Butterfly	12
13	9-10	50	Yd.	Backstroke	14
15	13-14	100	Yd.	Backstroke	16
17	9-10	200	Yd.	Freestyle	18
19	13-14	200	Yd.	Freestyle	20

SATURDAY PM

Girls	Age			Event	Boys
21	11-12	200	Yd.	Medley Relay	22
23	8&U	200	Yd.	Medley Relay	24
25	11-12	50	Yd.	Freestyle	26
27	8&U	25	Yd.	Freestyle	28
29	11-12	100	Yd.	Butterfly	30
31	8&U	25	Yd.	Butterfly	32
33	11-12	100	Yd.	Backstroke	34
35	8&U	25	Yd.	Backstroke	36
37	11-12	200	Yd.	Freestyle	38

SUNDAY AM

Girls	Age			Event	Boys
39	9-10	200	Yd.	Freestyle Relay	40
41	13-14	200	Yd.	Freestyle Relay	42
43	9-10	50	Yd.	Breaststroke	44
45	13-14	100	Yd.	Breaststroke	46
47	9-10	100	Yd.	Freestyle	48
49	13-14	100	Yd.	Freestyle	50
51	9-10	100	Yd.	Individual Medley	52
53	13-14	200	Yd.	Individual Medley	54

SUNDAY PM

Girls	Age			Event	Boys
55	8&U	200	Yd.	Freestyle Relay	56
57	11-12	200	Yd.	Freestyle Relay	58
59	8&U	25	Yd.	Breaststroke	60
61	11-12	100	Yd.	Breaststroke	62
63	8&U	50	Yd.	Freestyle	64
65	11-12	100	Yd.	Freestyle	66
67	8&U	100	Yd.	Individual Medley	68
69	11-12	200	Yd.	Individual Medley	70

Upper Arlington Swim Club Triple Crown Invitational Entry Packet

January 9-10, 2010

Sanction #.

ENTRY SUMMARY SHEET

PLEASE RETURN THIS FORM WITH YOUR ENTRIES

Date _____
Club Name: _____
Club Code: _____
Team Contact: _____
Daytime Phone: _____
Evening Phone: _____
Email Address: _____
Address for
Final Results: _____

Number of entered swimmers: Boys _____ + Girls _____ = Total _____

_____ Swimmers @ \$2.00 per swimmer = \$ _____ (Ohio LSC surcharges)

_____ Individual Events @ \$5.00 each = \$ _____

_____ Relay Events @ \$7.00 each = \$ _____

Total Amount Remitted = \$ _____

Please attach check, payable to "Upper Arlington Swim Club", and mail entries to

Erin Reetz
917 Windbourne St
Gahanna, OH 43230
614-832-1976
ereetz@columbus.rr.com

USA Swimming Membership Verification Form

Meet: Upper Arlington Swim Club Triple Crown Invitational
Location: Upper Arlington High School Natatorium, Upper Arlington, OH
Dates: January 9-10, 2010
Sanction: USA Swimming, Inc. Sanction #2

PLEASE RETURN THIS FORM WITH YOUR ENTRIES

The undersigned team representative certifies by his/her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Team: _____

Printed Name: _____

Signature: _____

Date: _____

Email: _____

