

# CENTRAL OHIO SWIMMING ASSOCIATION KATY CALLARD MEMORIAL INVITATIONAL

Held Under the Sanction of USA Swimming, Inc.  
Sanction # OH 3098

- DATES** December 04 - 06, 2009
- LOCATION** C. David Howell Natatorium  
Thomas Worthington High School Campus  
400 West Dublin Granville Road  
Worthington, OH 43085
- MEET HOSTS** Worthington Swim Club & Dublin Community Swim Team
- MEET FORMAT** Timed finals events for 8 and under, 9-10, 11-12, and 13 and over age groups. No entry time standards.
- MEET DIRECTOR** John Reynolds  
266 Gurgun Lane  
Westerville, OH 43081  
(614) 890-6034  
[Jreynolds011@columbus.rr.com](mailto:Jreynolds011@columbus.rr.com)
- WEBSITE** All meet information, including notices of program changes, warm-up time and lane assignments, and complete meet results and computer backups will be posted on the COSA website, [www.cosaonline.net](http://www.cosaonline.net).
- WARM-UP & START TIMES**
- |  |                 |
|--|-----------------|
| Friday Afternoon Session               |                 |
| Warm-ups                               | 4:30 PM         |
| Meet Start                             | 5:40 PM         |
| Saturday and Sunday Morning Sessions   |                 |
| Warm-ups                               | 7:00 – 8:00 AM  |
| Meet Start                             | 8:10 AM         |
| Saturday and Sunday Afternoon Sessions |                 |
| Warm-ups                               | 12:00 - 1:00 PM |
| Meet Start                             | 1:10 PM         |
- The afternoon sessions may start later than the listed time if the morning session runs longer than planned.
- MEET RULES** USA and Ohio Swimming rules and regulations will govern the meet.
- ENTRY LIMITATIONS** Contestants must be currently registered athlete members of USA Swimming. Each contestant may enter at most four (4) individual events in each of the Friday evening, Saturday morning, Saturday afternoon, and

Sunday morning sessions and at most one (1) individual event in the Sunday afternoon session. Swimmer's age on Friday, December 4, 2009 will determine eligibility for age division.

The Meet Director reserves the right to exclude or otherwise limit entries in order to observe Ohio Swimming's four hour session limit.

**ENTRY PROCEDURES**

Entries, checks, and supporting documentation must be received by the Entry Chair by 8:00 PM, Tuesday, December 1, 2009. Please submit best short-course yard times for seeding. Entries produced using Hy-Tek Team Manager software and submitted by electronic mail are preferred. Fax or telephone entries will not be accepted. Entries must be accompanied by 1) a check covering all entry fees and surcharges, 2) a printed listing of individual entries for verification, 3) a completed Entry Summary Sheet (attached), 4) a completed and signed USA Swimming Membership Verification Form (attached), and 5) a diskette containing a Hy-Tek entry file or official hardcopy entry forms (attached) unless entry file is submitted by electronic mail and its receipt is acknowledged by the Entry Chair by electronic mail. Please mail entries, checks, and supporting documentation to:

John Reynolds  
266 Gurgun Lane  
Westerville, OH 43081  
(614) 890-6034  
[creynolds011@columbus.rr.com](mailto:creynolds011@columbus.rr.com)

**ENTRY FEES**

Individual Events:	\$4.00 per individual
Ohio LSC Travel Fund Surcharge:	\$1.00 per swimmer
Ohio LSC Championship Facility Surcharge:	\$1.00 per swimmer

**DECK ENTRIES**

Deck entries will be permitted at the discretion of the Meet Director, if time permits, on a first come, first served basis. Check-in for deck entries will close 20 minutes prior to the start of competition in the session in which the event will be swum. The deck entry fee will be \$5 per individual event plus applicable \$2 OSI surcharge, and must be paid in cash before the swimmer will be permitted to swim --- no checks please. Swimmers must present proof of USA Swimming membership to deck enter an event, unless already entered in the meet.

**DECK-SEEDED EVENTS**

All Sunday afternoon events will be deck-seeded from fastest to slowest without regard to age or gender. Swimmers must check-in for deck-seeded events no later than 20 minutes prior to the start of the session. Swimmers must supply their own timer and lap-counter. Additional warm-up periods may be provided between events at the discretion of the meet referee.

**WARM-UP PROCEDURES**

Teams will be assigned lanes for warm-up by the meet director shortly after the entry deadline. Supervising coaches in each lane will run their warm-up as they see fit. Coaches are expected to split their club into two groups of equal size and allot ½ hour of warm-up to each group. Boys and girls may warm-up together. Warm-up times and lane assignments will be posted on the COSA website, [www.cosaonline.net](http://www.cosaonline.net), at least three days prior to the meet. The Meet Director reserves the right to revise warm-up procedures to ensure the safety of the swimmers.

Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect at the meet. Swimmers must enter the water feet first in a cautious manner with one hand in contact with the pool edge except in lanes that have been cleared and specifically declared one-way sprint lanes by unanimous agreement of the attending coaches

**BULLPEN**

Swimmers competing in 10 and under events on Friday evening and Saturday afternoon must report promptly to the bull-pen when called over the public announcement system prior to their events. No bullpen will operate during the Saturday morning and Sunday sessions.

**COACHES' REGISTRATION**

All coaches must be registered members of USA Swimming. Prior to each session, coaches will be required to sign-in and present a valid USA Swimming Coaching Membership Card at the check-in table.

**AWARDS**

Custom ribbons will be awarded for places 1-6 in the 8 and under, 9-10, 11-12, and 13 and over age groups. Heat winner ribbons will be awarded in the 10 and under age groups. State qualifier ribbons will be awarded to swimmers making state meet qualifier cut for the first time. A team award will be presented to the club accumulating the most points. Top twelve finishers in each individual event will score. Awards will be collected and distributed to one designated club representative at the conclusion of the Saturday and Sunday evening sessions. Awards remaining at the end of the meet will not be forwarded by mail.

**FINAL RESULTS**

One printed copy of the final results will be mailed to any club with five or more swimmers that provides an address on the Entry Summary Sheet. Complete meet results and Hy-Tek back-up files will be posted on the COSA website, [www.cosaonline.net](http://www.cosaonline.net), within 4 hours after the conclusion of the meet. Diskettes with meet results also will be made available at the end of the final session upon request.

**FACILITIES**

The venue has a 6-lane, 25-yard pool with Kiefer lane lines and an automated Colorado touch pad timing system with integrated horn starting system and running time display. A concession stand will be open throughout the meet.

**VENUE RULES**

No parent or spectator will be allowed on deck except to perform a service or function at the request of the meet director or his designee. Equipment bags, wet towels, and wet swimmers are not permitted on the bleachers. Please keep all thoroughfares in the building, especially stairways and door

areas, open and free of equipment and chairs. No alcohol or tobacco shall be consumed in the venue. Please park only in designated spaces and help keep traffic lanes near the pool open at all times.

**DIRECTIONS**

Exit State Route 315 at State Route 161 and go east approximately ½ mile. Turn left just past the Thomas Worthington High School football stadium on your left.

**NEARBY  
HOTELS and  
RESTAURANTS**

**Hotels**

Courtyard By Marriott  
7411 Vantage Dr.  
(614) 436-7070

Holiday Inn - Worthington  
175 Hutchinson Ave.  
(614) 885-3334

Marriott Suites  
201 Hutchinson Ave.  
(614) 436-0004

Marriott Hotel  
6500 Doubletree Ave.  
(614) 885-1885

Red Roof Inn - Worthington  
I-270 & Rte. 23  
(614) 846-3001

Microtel Columbus  
7500 Vantage Dr.  
(614) 436 0556

Harley Hotel - Columbus  
I-71 & Rte 161  
(614) 888-4300

Homewood Suites Hotel  
I-270 & Rte 23  
(614) 785-0001

**Restaurants**

Wendy's (West On 161)  
161 & Linworth Rd.

Wendy's (Busch Blvd & 161)  
6030 Busch Blvd.

McDonald's  
30 E. Wilson Bridge Rd.

Chili's  
3675 W. Dublin-Granville Rd

Bob Evans (Near I-270 & 23)  
7550 N. High St.

Dalts  
140 Wilson Bridge Rd.

Kentucky Fried Chicken  
5464 N. High St.

Subway  
905 N. High Street

Pizza Hut  
3655 W. Dublin-Granville Rd.

All hotels and restaurants listed here are within 10 minutes driving time of the pool.

## ORDER OF EVENTS

### FRIDAY PM

Warm-ups: 4:40PM                      Meet: 5:40PM

Girls	Age	Event	Boys
1	9-10	100 Yard IM	2
3	8&U	50 Yard Back	4
5	9-10	100 Yard Back	6
7	8&U	100 Yard Free	8
9	9-10	100 Yard Free	10
11	8&U	100 Yard Breast	12
13	9-10	50 Yard Breast	14
15	8&U	50 Yard Fly	16
17	9-10	100 Yard Fly	18

### SATURDAY AM

Warm-ups: 7:00AM                      Meet: 8:10AM

Girls	Age	Event	Boys
21	11&O	400 Yard IM	22
23	11-12	200 Yard IM	24
25	13&O	100 Yard Back	26
27	11-12	100 Yard Back	28
29	11&O	200 Yard Breast	30
31	11-12	50 Yard Breast	32
33	13&O	50 Yard Free	34
35	11-12	50 Yard Free	36
37	13&O	100 Yard Fly	38
39	11-12	100 Yard Fly	40
41	13&O	200 Yard Free	42
43	11-12	200 Yard Free	44

### SATURDAY PM

Warm-ups: 12:00PM                      Meet: 1:10PM

Girls	Age	Event	Boys
45	9-10	200 Yard IM	46
47	8&U	100 Yard Back	48
49	9-10	50 Yard Back	50
51	8&U	50 Yard Breast	52
53	9-10	100 Yard Breast	54
55	8&U	100 Yard IM	56
57	9-10	50 Yard Fly	58
59	8&U	50 Yard Free	60
61	9-10	50 Yard Free	62
63	8&U	200 Yard Free	64
65	9-10	200 Yard Free	66

### SUNDAY AM

Warm-ups: 7:00AM                      Meet: 8:10AM

Girls	Age	Event	Boys
67	13&O	200 Yard IM	68
69	11-12	100 Yard IM	70
71	11&O	200 Yard Back	72
73	11-12	50 Yard Back	74
75	13&O	100 Yard Breast	76
77	11-12	100 Yard Breast	78
79	13&O	100 Yard Free	80
81	11-12	100 Yard Free	82
83	11&O	200 Yard Fly	84
85	11-12	50 Yard Fly	86

### SUNDAY PM

Warm-ups: 12:00PM                      Meet: 1:10PM

Girls	Age	Event	Boys
87	Open	1650 Yard Free	88
89	Open	1000 Yard Free	90
91	Open	500 Yard Free	92

# Entry Summary Sheet

PLEASE RETURN THIS FORM WITH YOUR ENTRIES

Date: \_\_\_\_\_

Club Name: \_\_\_\_\_ Club Code: \_\_\_\_\_

Team Contact: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Evening Phone: \_\_\_\_\_

e-Mail Address: \_\_\_\_\_

Address for  
Final Results: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Number of swimmers entered: Boys \_\_\_\_\_ + Girls \_\_\_\_\_ = Total \_\_\_\_\_

\_\_\_\_\_ Swimmers @ \$2.00 per swimmer = \$\_\_\_\_\_ (Ohio LSC surcharges)

\_\_\_\_\_ Individual Events @ \$4.00 per event = \$\_\_\_\_\_

Total Amount Remitted = \$\_\_\_\_\_

Please attach check, payable to "Central Ohio Swimming Association", and mail with entries to

John Reynolds  
266 Gurgun Lane  
Westerville, OH 43081  
(614) 890-6034  
[Jreynolds011@columbus.rr.com](mailto:Jreynolds011@columbus.rr.com)

# USA Swimming Membership Verification Form

PLEASE RETURN THIS FORM WITH YOUR ENTRIES

Meet: COSA Katy Callard Memorial Invitational  
Location: C. David Howell Natatorium, Worthington, OH 43085  
Dates: December 4- 6, 2009  
Sanction: USA Swimming, Inc. Sanction # OH 3098

The undersigned team representative certifies by his or her signature that all athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc.

Team: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

MEET: \_\_\_\_\_  
 DATE: \_\_\_\_\_  
 CLUB: \_\_\_\_\_  
 COACH: \_\_\_\_\_  
 PHONE: \_\_\_\_\_

EVENT#  
 Qualifying time:  
 200 Free Relay  
 A: \_\_\_\_\_  
 B: \_\_\_\_\_  
 C: \_\_\_\_\_

EVENT#  
 Qualifying time:  
 400 Free Relay  
 A: \_\_\_\_\_  
 B: \_\_\_\_\_  
 C: \_\_\_\_\_

EVENT#  
 Qualifying Time:  
 800 Free Relay  
 A: \_\_\_\_\_  
 B: \_\_\_\_\_  
 C: \_\_\_\_\_

EVENT#  
 Qualifying time:  
 200 Med. Relay  
 A: \_\_\_\_\_  
 B: \_\_\_\_\_  
 C: \_\_\_\_\_

EVENT#  
 Qualifying time:  
 400 Med, Relay  
 A: \_\_\_\_\_  
 B: \_\_\_\_\_  
 C: \_\_\_\_\_

				Friday					Saturday					Sunday				
Circle: Boys Girls	Event																	
	8-U	11-12	17-18															
	10-U	13-14	15-18															
9-10	15-16	OPEN	Number															
Qualifying Time																		
1.		Age:																
USS#																		
2.		Age:																
USS#																		
3.		Age:																
USS#																		
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10.		Age:																
USS#																		

ENTER MEET IN: YARD TIMES METER TIMES

NUMBER OF INDIVIDUAL EVENTS: \_\_\_\_\_ NUMBER OF RELAY EVENTS: \_\_\_\_\_